

# Mentor – East London Children & Young Person's Mentoring Scheme

The Sickle Cell Society is looking for a Mentor to join the team and support in delivering the East London Children & Young Person's Mentoring Scheme. It aims to improve the health and wellbeing of young people with SCD in East London.

**Post:** Mentor – East London Children's and Young Persons

**Base:** Flexible home working, and other locations to meet the needs of the

young person.

Accountable to: Lead Mentor

Manages: N/A

Hours: Sessional Basis
Salary: £100 per day

**Length of contract:** Fixed term, 12 months (post will be continued subject to the outcome

of negotiations with funders).

#### **Job Purpose**

Mentors will be working with the Lead Mentor as well as in partnership with the local NHS local patient/family Support Groups in the East London boroughs of Barking and Dagenham, Hackney, Havering, Newham, Redbridge, Tower Hamlets and Waltham Forest.

The aim of the East London Children's and Young Person's Mentoring Scheme is to improve the health and wellbeing of young people with SCD through training, emotional support from mentors and peer-support, improve young people's understanding and management of the condition, improve young people's ability to negotiate transition from paediatric to adult services, encourage young people's involvement in volunteering to support others with the condition and engage more with their local community.

## **About the Sickle Cell Society:**

The Sickle Cell Society (SCS) is the only national charity in the Uk that supports and represents people affected by a sickle cell disorder. We provide information, advice and support to enable and empower individuals and families to improve their overall quality of life. Approximately 15,000 people in the Uk have sickle cell disorder. These inherited conditionals predominantly affect people of Black African and Black Caribbean heritage and to a lesser extent people of Mediterranean, Middle Eastern, South Asian and Central/South American heritage. We assist and enable people living with SCD to realise their full potential whilst successfully managing the challenges they face in living with this potentially life-limiting condition. We are a small, friendly and close knit team of 14 skilled and highly committed staff (9 part-time / 5 full-time) and approximately 30 active volunteers.

## Key responsibilities and duties

- Work with young people with SCD on 1:1 basis and through group work
- Provide support to young people undergoing transition from paediatric to adult Sickle Cell Services to enable them to feel more confident about change
- Provide practical advice and guidance on managing SCD and the symptoms, leading to a healthy lifestyle.
- Provide emotional mentoring support
- Provide understanding about rights around housing and employment issues (where appropriate)
- To encourage mentee involvement in peer support activities
- To organise engaging activities for young people to take part in as a group
- To encourage young people to take part in volunteering with the Hackney Sickle Cell Project and SCS children's holidays which can help mentees with their wellbeing and employment prospects
- To carefully track attendance records and keep a diary of the 1-to-1 and group mentoring sessions and social activities being delivered over the 12 months
- To keep a record of the time spent in delivering the sessions
- To work with the Lead Mentor in ensuring there is a smooth running of the service
- To report back to the Lead Mentor on a regular basis and provide him/her with necessary information

### **Expectations**

- To ensure that all work with young people is managed professionally and effectively
- To ensure that a young person's feels safe and secure in discussing personal issues
- To ensure confidentiality is not breached unless there is a safeguarding or criminal issue
- To report any issues of concern relating to safeguarding and quality of care arising from the work of the post to the Lead Mentor
- To ensure regular liaison with the Lead Mentor
- To be able to work flexibly for example, evening or weekends when necessary

This job description is intended to assist the post holder to understand his/her duties/main responsibilities. It may be amended from time to time, as the post develops.

July 2022

## **Person specification**

**Introduction** You are advised to read the following notes carefully. You must show in your application form how you meet the criteria listed below. **For this role it is essential that you have Sickle Cell Disorder (SCD).** 

- E- Essential
- **D- Desirable**

#### Qualifications

• GCSE English - E

## **Experience**

- Mentoring or supporting individuals in a formal or informal setting E
- Working with groups of patients D
- Good knowledge and understanding of Sickle Cell Disorder and how it impacts on young people - E
- Experience of working on own initiative and with others E
- Experience of effective partnership working with a wide range of groups, individuals, and organisations – D
- Knowledge of local services to signpost young people affected by where appropriate SCD D
- Collating data, analysing data and report writing D
- Managing a budget D
- Managing staff or volunteers E
- Experience of managing projects D

## **Competencies**

- Shows empathy to people experiencing difficulty –E
- Good listening skills E
- Non-judgemental about a person's circumstance or situation -E
- Understanding and application of confidentiality E
- Possesses excellent written and oral communication skills E
- Possesses excellent time management skills and experience of prioritising effectively -E
- Ability to collect and analyse data E
- IT Literate-E
- To work flexibly with Mentees -E

## **Attributes**

- Shows confidence in dealing with people and situations E
- Excellent interpersonal skills E
- Demonstrates a willingness to learn- E
- Is enthusiastic about the sickle cell cause E
- Willing to work at weekends or evenings if necessary -E

# To Apply

Please complete the **Application Form** and send it to <u>addassa.follett@sicklecellsociety.org</u> before the closing date

Please note all applicants must reside in the UK.

Closing date for applications Tuesday 9th August

Interview date via Zoom or Microsoft Teams w/c 15th August

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