

What our mentees say...

"During my time being mentored, I've really appreciated having a listening ear, so I can voice my concerns and worries."

"My mentor has been really supportive of my goals and aspirations and has helped me in the pursuit of my education and career as I work around my Sickle Cell."



"My mentor helped me set targets for myself to reduce pain and stress and to help me improve mentally and physically."

"I am gaining more confidence within myself as I begin to understand how to cope in life with sickle cell."



Refer a patient

If you are a Haematologist, GP or other healthcare professional working in the East London area you can refer a patient to the service.

Refer yourself

If you are a parent/carer or a young person living with Sickle Cell in the East London area, you can refer yourself to the service.

Contact

E-mail

mentors@sicklecellsociety.org

Website

www.sicklecellsociety.org



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**East London
Children &
Young Person's
Mentoring
Programme**

Connect one-to-one with a peer mentor

Are you a young person living with Sickle Cell in East London?

Would you benefit from the help and support of a peer mentor?



Enjoy 1-2-1 and group activities with other children and young people living with Sickle Cell.

Peer Mentoring in Sickle Cell

The mentoring scheme is here to support and educate children & young people living with Sickle Cell.

Peer mentoring in Sickle Cell aims to:

- Improve a young person's knowledge and understanding of Sickle Cell.
- Improve emotional and social well-being.
- Provide a network of support.
- Assist with transition from paediatric to adult services through peer support.
- Support with navigating school, college, university, employment and more.



Our mentoring programme

The East London Children and young persons peer-to-peer mentoring programme is an innovative social model of care developed for children and young people between the ages of 10 -24, living with Sickle Cell within the East London area.

Speak to the team about referrals

Mentors@sicklecellsociety.org